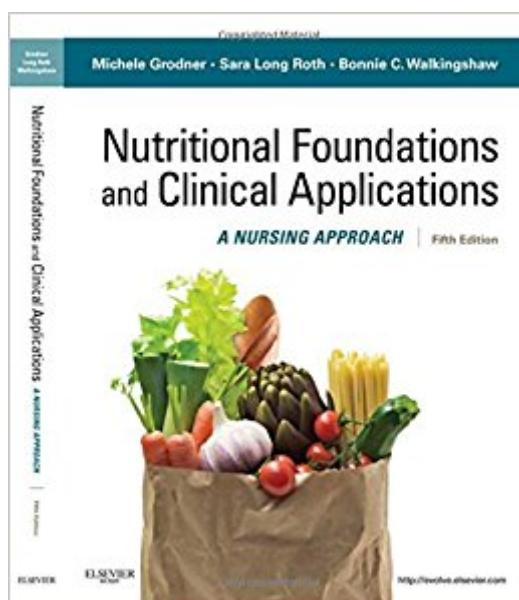


The book was found

# **Nutritional Foundations And Clinical Applications: A Nursing Approach, 5e (Foundations And Clinical Applications Of Nutrition)**



## Synopsis

Now in its 5th edition, the critically acclaimed Nutritional Foundations and Clinical Applications, A Nursing Approach offers you a comprehensive, first-hand account of the ways in which nutrition affects the lives of nursing professionals and everyday people. Discussions on nutritional needs and nutritional therapy, from the nurse's perspective, define your role in nutrition, wellness, and health promotion. The dynamic author team of Grodner, Roth, and Walkingshaw utilizes a conversational writing style, and a variety of learning features help you apply your knowledge to the clinical setting. Content updates, specifically to the Dietary Guidelines for Americans 2010, an online resource, a new logical organization, and much more prepare you to handle the challenges you face with ease. Emphasis on health promotion and primary prevention stresses the adoption of a healthy diet and lifestyle to enhance quality of life. Content Knowledge and Critical Thinking/Clinical Applications case studies reinforce knowledge and help you apply nutrition principles to real-world situations. Cultural Considerations boxes discuss various eating patterns related to ethnicity and religion to help you understand the various influences on health and wellness. Personal Perspective boxes demonstrate the personal touch for which this book is known, and offer first-hand accounts of interactions with patients and their families. Health Debate and Social Issue boxes explore controversial health issues and encourage you to develop your own opinions. Teaching tool boxes provide tips and guidance to apply when educating patients. Website listings with a short narrative at the end of every chapter refer you to additional online resources. Updated content to Dietary Guidelines for Americans 2010 keeps you current. Additional questions added to case studies in the Nursing Approach boxes help you focus on practical ways you can use nutrition in practice. Study tools on Evolve present virtual case studies and additional questions with instant feedback to your answers that reinforce your learning. Online icons throughout the text refer you to the NEW Nutrition Concepts Online course content. A logical organization to updated and streamlined content lets you find the information you need quickly.

## Book Information

Series: Foundations and Clinical Applications of Nutrition

Paperback: 576 pages

Publisher: Mosby; 5 edition (April 5, 2011)

Language: English

ISBN-10: 0323074561

ISBN-13: 978-0323074568

Product Dimensions: 10.8 x 8.4 x 0.9 inches

Shipping Weight: 2.6 pounds

Average Customer Review: 4.2 out of 5 stars 28 customer reviews

Best Sellers Rank: #122,331 in Books (See Top 100 in Books) #34 in Books > Textbooks > Medicine & Health Sciences > Alternative Medicine > Diet Therapy #52 in Books > Textbooks > Medicine & Health Sciences > Nursing > Clinical > Nutrition #61 in Books > Medical Books > Allied Health Professions > Diet Therapy

## **Customer Reviews**

This book was required for my Nutrition class for the RN program. Before starting the class I had been searching for a book with FDA/RDA vitamins, minerals, supplements, conditions, and dosages. Well I shortly found out after getting my book in that this has EVERYTHING!!!! From BMI, health guidelines, etc, you name it, it's in here! This is the best way to know what you need to know, as these days you really have to be your own doctor before going to the doctor with the amount of prescription meds thrown at us! It doesn't matter who you are, this book will help you in every aspect of health that you can think of and is MORE than worth the price! You will learn more about conditions and nutrition than you can imagine from 1 textbook!

Great and comprehensive book for soon to be nurses and medical/dietetics/nutrition classes and majors. Goes into great explanations and examples for how nutrition can work and heal your body and our current medical interventions for specific ailments and how the treat each with nutrition. The pathological expanded explanations make it applicable to real world medical examples and not just learning about nutrition basics

I was looking for the 6th edition of this book, however my professor told me that I could use the old version of this book. It cost me 0.12 cents and the new version was \$150 and something and I receive the same material. It is worth it!!!! Like literally!!

This is an excellent read. I should state that I am in nursing school so much of the terminology is familiar. However, it does an excellent job of breaking down the components of health, nutrients and diet so the reader can stop ODing on vitamin supplements and understand how to treat themselves better for their long-term health and goals.

The book isn't bad...very informative and I learned quite a bit. However, I got it used and whomever highlighted had obviously never highlighted before...it was hard to read through all her drawings.

This book was perfect for my nursing degree. It provides an abundance of information. I still use it, even thought I no longer need it!

Very informative text; as a nursing student couldn't ask for a better resource

The book was in great condition and came in a very timely manner. The book is very easy to read and all the tables are very useful.

[Download to continue reading...](#)

Nutritional Foundations and Clinical Applications: A Nursing Approach, 5e (Foundations and Clinical Applications of Nutrition) Nutritional Foundations and Clinical Applications: A Nursing Approach, 6e Fitness Nutrition: The Ultimate Fitness Guide: Health, Fitness, Nutrition and Muscle Building - Lose Weight and Build Lean Muscle (Carbs, Protein, Muscle ... Workout Nutrition, Nutrition For Athletes) Study Guide for Foundations of Maternal-Newborn and Women's Health Nursing, 6e (Murray, Study Guide for Foundations of Maternal-Newborn & Women's Health Nursing) Foundations in Nursing Research (6th Edition) (Nieswiadomy, Foundations of Nursing Research) Clinical Companion to Medical-Surgical Nursing: Assessment and Management of Clinical Problems, 9e (Lewis, Clinical Companion to Medical-Surgical Nursing: Assessment and Management of C) Clinical Companion to Medical-Surgical Nursing: Assessment and Management of Clinical Problems, 8e (Lewis, Clinical Companion to Medical-Surgical Nursing: Assessment and Management of C) Nursing Theories and Nursing Practice (Parker, Nursing Theories and Nursing Practice) Nursing Care Plans: Nursing Diagnosis and Intervention, 6e (Nursing Care Plans: Nursing Diagnosis & Intervention) "Only A Nurse Could Laugh at This..." - Funny Stories and Quotes from Real Nurses for When You're Having One of Those Days (Nursing Research, Nursing ... Nursing Books, Nursing Handbook Book 1) Nursing Diagnoses in Psychiatric Nursing: Care Plans and Psychotropic Medications (Townsend, Nursing Diagnoses in Psychiatric Nursing) Nursing Careers: Easily Choose What Nursing Career Will Make Your 12 Hour Shift a Blast! (Registered Nurse, Certified Nursing Assistant, Licensed ... Nursing Scrubs, Nurse Anesthetist) (Volume 1) Nursing Assistant: A Nursing Process Approach - On the Job: Essentials of Nursing Assisting Nutritional Care of Preterm Infants: Scientific Basis and Practical Guidelines (World Review of Nutrition and Dietetics, Vol. 110) International Dietetics and Nutritional

Terminology (Idnt) Reference Manual: Standard Language for the Nutrition Care Process Nutritional Assessment (Mosby Nutrition) Advanced Practice Nursing - E-Book: An Integrative Approach (Advanced Practice Nursing: An Integrative Approach) Varcarolis' Foundations of Psychiatric Mental Health Nursing: A Clinical Approach, 7e Varcarolis' Foundations of Psychiatric Mental Health Nursing - E-Book: A Clinical Approach Foundations of Psychiatric Mental Health Nursing: A Clinical Approach

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)